



Temple Sholom's Harbinger

APRIL 2020

NISAN / IYYAR 5780

Temple Sholom

5 East Dillon Road

P.O. Box 664

Monticello, NY 12701

845-794-8731

**Call to confirm office is open.
Please ring the bell for entry.**

**Currently open only
Wednesdays 11-2.
Call to ensure
someone is at the
temple before making
the trip.**

**templesholom1954@gmail.com
www.templesholomny.org**

Rabbi

Michele Brand Medwin, D.Min.
rabbimedwin@me.com

Board Officers

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Vice President, Stacey Sharoff
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Stephanie Millett

Updates on the Coronavirus Pandemic in Relation to Events at Temple Sholom

Following the guidelines of the CDC and following the practices of most congregations around the country, and knowing that most members of our congregation are high risk, we have decided to not have any gatherings at the temple building until further notice. Things change from day to day, so please check your e-mails from the temple and check our temple website for up-to-date information.

For now, all services are being live-streamed via Zoom. Even if you are not a service regular, you might find participating in services could bring you comfort and calm during these very tumultuous and uncertain times. Services start at 7:30 PM.

You should be able to access Zoom via a desk top computer, laptop computer, tablet or smartphone. It is helpful if your device has a camera and microphone.

ZOOM CONNECTION INFORMATION ON PAGE 5.

Beginning Friday, April 3, 2020
Spring/Summer Shabbat Schedule
via ZOOM
Services start 7:30 PM

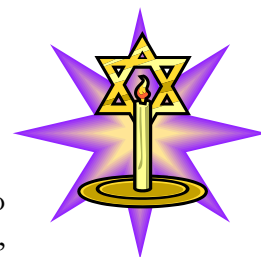
YIZKOR – MEMORIAL SERVICE

via ZOOM

Tuesday, April 14, at 5:00 PM

According to Jewish tradition, in addition to having a Yizkor service during Yom Kippur, Yizkor is also recited at the end of Passover.

Please join us to remember your loved ones, may their memory be for a blessing.



**CHECK YOUR EMAILS FOR CANCELLATIONS FROM
TEMPLE SHOLOM AND/OR THE PRIMETIMERS.**



From: the Rabbi...

As Jews, We Have Always Found a Way to Keep Going

As Jews, we have been through many difficult times in our history. Through our tradition which teaches hope, positive thinking, and optimism, we have found ways to weather every storm we have been through. We will get through this pandemic also. If you are feeling anxious and worried, take a look at the article I wrote on ways to keep calm (page 3). Connecting to our tradition can also help you feel grounded. Be proactive in finding ways to enrich your mind. You can join us for online Shabbat services or my class on Pirke Avot. Use the time to learn more about Judaism. Thank God for the U.S. Post Office and other package delivery systems. On Amazon.com you can search for Jewish books and movies. There are many websites on line you can look at. Use Google to search your favorite Jewish topic.

The psalmists poured their hearts out during difficult times. I end with a Psalm to help us feel we are not alone. The psalmists often talked about our enemies. Today, our enemy is COVID-19.

Psalm 13

How long will I have cares on my mind,
grief in my heart all day?
How long will my enemy (this virus) have the
upper hand?
Look at me, answer me, Adonai, my God!
Restore the luster to my eyes,
lest my enemy says, "I have overcome him,"
my foes exult when I totter.
But I trust in Your faithfulness,
my heart will exult in Your deliverance.
I will sing to Adonai,
for God has been good to me.

Rabbi Michele Brand Medwin, D.Min.



Should I Have Family and Friends over for a Passover Seder?

People have been asking if they should still hold their family seder. This will be a difficult Passover for all of us. This is the time each year that we look forward to spending time with family and friends. The highest priority in Judaism is to save a life. Jews of every level of observance will break Shabbat rules to save someone's life. We know that people over 60, especially those with other medical conditions, are very vulnerable to the coronavirus. If you fall in this category I would strongly suggest not having people to your home. We also know that people may be carriers and spreaders of the virus without having symptoms. We are not having our family seder this year. It makes me very sad, but I also know that this is the best decision for all of us to remain healthy as well as for the good of the country. You can try gathering together on Seder night via FaceTime, Zoom, or Skype.

The ultimate decision is up to you, and we may not have a choice as more restrictions are being asked of us to contain the virus. As hard as it is, I ask you to give serious thought to whether it is worth the risk. There is always, "Next Year in Jerusalem" or wherever you hold your seder.

Rabbi Michele B. Medwin



In loving memory of Betty Bernstein-Zabza on her birthday, March 6.

Certificate to: Martin Bernstein & Michele Greenwald,
Hannah & Claire Bernstein
Donor: Gloria Bernstein

Certificate to: Pawel & Thomas Zabza
Donor: Gloria Bernstein

In loving and treasured memory of Betty Bernstein-Zabza on her birthday, March 6.

Certificate to: Martin Bernstein & Gloria Bernstein
Donor: Gloria Bernstein

In loving memory of Hazel Cooke on her birthday in May.

Certificate to: Anthony Cooke and Family
Donor: Gloria Bernstein

Ways to Help Keep Calm During the Pandemic

By Dr. Rabbi Michele B. Medwin, D.Min. LMHC

I have spoken to many people who are getting anxious about having to be home and worrying about themselves, friends, and family. I am going to put on my mental health counseling hat and offer some ways to help you cope with the stress you are feeling.

First, know that it will pass. We may not know how long it will take, so be patient, understanding, and flexible. But there will be an end to this. For now, we have to find ways to adjust to a new, but temporary, normal.

1. **Moving** - Moving around can really help calm you down. As the weather is getting warmer, and you are able, consider going outside for a walk. You can do this alone and not be near anybody. Outside air can be refreshing. More than something to do, physically moving releases endorphins which naturally help to calm down anxiety and lift depression. You can also do some exercising indoors. There are many different apps or YouTube videos you can exercise or do Yoga or stretching with. Rather than waiting until anxiety is high, schedule these things in your day. Actually write it in your calendar. "Every day at ___ a.m. and ___ p.m. I will walk/exercise/do yoga."
2. **Slow Deep Breathing** - This helps to calm down the physical changes caused by anxiety and stress. Take a slow deep breath in and then a slow deep breath out. To time it right, count to four each time: breathe in for 4 counts, hold for 4 counts, breathe out for 4 counts, hold for 4 counts.
3. **Use a mantra** - Pick your favorite blessing, or line of a prayer or psalm. Repeat it over and over. You can do this during your deep breathing.
4. **Muscle Relaxation** - This also helps calm down the physical changes caused by anxiety and stress. Do the slow deep breathing during this exercise. Sit or lay down in a comfortable place. Starting at your toes, consciously relax the muscles in your toes, then your ankles, then your calves... slowly, mentally work your way up your body focusing especially on your shoulders, neck and face.
5. **Imagery** - Think of a peaceful place you enjoy being at, either real or imaginary. Picture yourself there. Using your five senses, describe what you see, what you feel, what you smell, what you hear, what you taste. (i.e., being at the beach - I see the waves, the sand, the sky. I feel the warmth of the sun on my face and a light breeze. I smell the salt water. I hear the sound of the waves and the cry of the seagulls. I can taste the ice cream cone I just bought. Stay in that place for a while.)
6. **Put Your Thoughts on Trial** - What you think affects how you feel. Are you imagining the worst? Are you worrying about the future and imagining things that you really don't know will happen? Question your thoughts. How true are they? How accurate are they? Is there a different, more realistic way to look at this? Can you find the positive in the negative and focus on more positive thoughts?



Passover Greetings

Maureen & Bob Velten

Mary Jane Harris

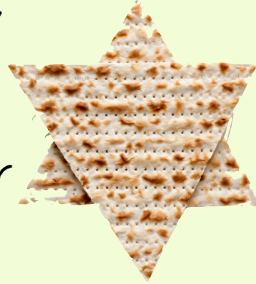
Phil & Paula Schroeder

Sue & Ken Kantor

Rabbi Medwin & Steve

Rosemary Deitsch

Temple President Neal Jacobs & Jane



Marcia Salton

Sue & Don Horowitz

Mel & Joyce Gitlin

Marty & Lauren Miller

Bonnie & Jeffrey Kirsch

Sheila & David Epstein

Marty & Marcia Braunstein

Yom HaShoah  Holocaust Memorial Day

FRIDAY, APRIL 24, 2020, 7:30 PM

We will be observing Yom HaShoah – Holocaust Memorial Day, during Shabbat services on Friday, April 24 at 7:30 PM. **via ZOOM**

**Yom Ha'Atzmaut –
Israel Independence Day
Shabbat**

FRIDAY, MAY 1, 2020

7:30 PM

(possibly via ZOOM)

Celebrate Israel's 72nd anniversary.



SHOLOM ADULT UNIVERSITY PIRKE AVOT CLASS OPEN TO ALL via ZOOM

Even though we are all staying home, we can use this time to enrich ourselves in various ways. Rabbi Medwin wants to help. She is opening up her Pirke Avot class to anyone who would like to participate even if you have not previously registered. We are running the class online using Zoom. If you would link an e-mail with the link to Zoom or would like the handouts ahead of time, send Rabbi Medwin an e-mail. (rabbimedwin@me.com)

Classes are being held on Tuesdays from Noon to 1:15 p.m.

Pirke Avot: A Social Justice Commentary




Pirkei Avot stands out among the sixty-three tractates of the Mishnah as the Jewish text devoted to ethical advice and guidance. Rabbi Shmly Yanklowitz takes these ancient texts and brings them to life for our modern world. Ordained at Yeshivat Chovevei Torah, Rabbi Yanklowitz received an M.A. in leadership and psychology at Harvard and another M.A. in Jewish philosophy from Yeshiva University. He earned his doctorate at Columbia University. Rabbi Yanklowitz has drawn on a breathtaking number of sources and persons as well as his own personal experiences in composing his commentary. Commentators ancient and modern, men and women, Jew and gentile, as well as insights and anecdotes drawn from his own life and a variety of academic disciplines are all in conversation with one another in this pathbreaking commentary on this traditional text. Rabbi Yanklowitz also does not shy away from dealing with difficult passages that are at odds with a modern sensibility. This book can be purchased from Amazon.com.

There are several ways to connect to our class on Zoom.

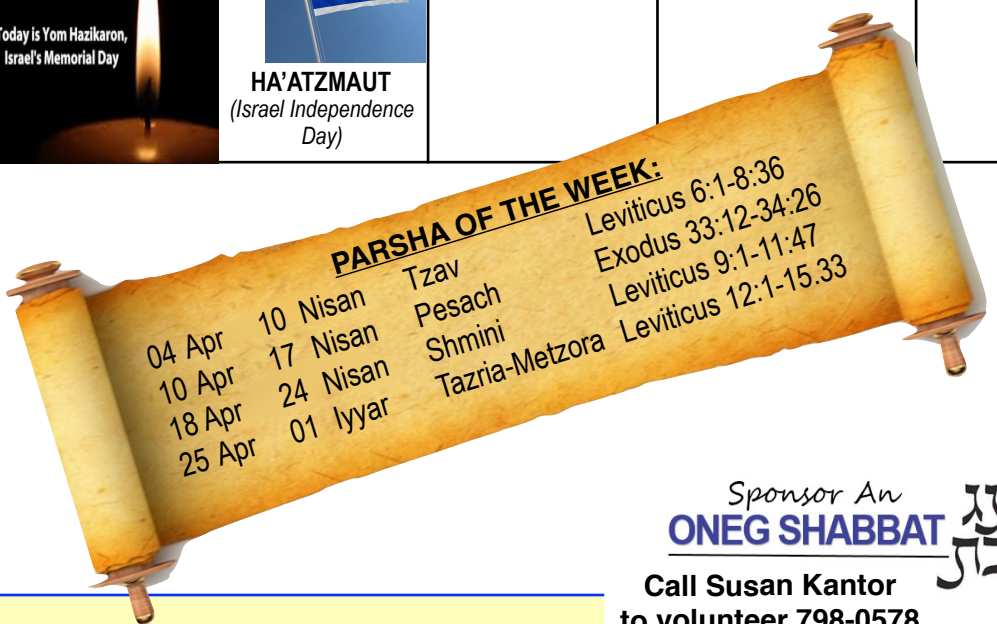
1. **Via the internet** - If you have a desktop or laptop computer, tablet with internet connection, or smart phone:
 - a. Click on this link or type it in carefully into your browser (Safari, Chrome, Firefox, etc.): <https://zoom.us/j/3143570584>
 - b. The meeting ID is: 314 357 0584
 - c. Follow the directions Zoom gives you.
2. **By Phone** – you can join by calling: 1 646 876 9923 Meeting ID: 314 357 0584

Troubleshooting – if you can't connect try a different device. Rabbi Medwin will start Zoom half hour before class. If you are unfamiliar with Zoom try connecting before the start time. During that half hour you can call Rabbi Medwin and she will try to walk you through it. 607-765-2895. Rabbi Medwin can also send you an e-mail with a link to a video that shows you how to do this. Send her an e-mail if you would like that information. (rabbimedwin@me.com)

APRIL 2020 - NISAN / IYYAR 5780

Sun	Mon	Tues	Wed	Thur	Fri	Sat
			1	2	3	
<p>During the pandemic, programs and services that usually take place at Temple Sholom are being put on hold or made available via ZOOM. Please check the website (www.templeholomny.org) or your e-mail for current updates to activities.</p>					<p>ZOOM Shabbat Services 7:30</p> <p>Candle lighting 7:03</p>	<p>Tzav</p>
5	6	7	8	9	10	11
			<p>EREV PESACH (1st Seder)</p>	<p>PESACH (2nd Seder)</p>	<p>ZOOM PESACH SERVICES</p> <p>Candle lighting 7:11</p>	<p>Pesach</p>
12	13	14	15	16	17	18
		<p>ZOOM Passover Yizkor service 5 PM</p>			<p>ZOOM Shabbat Services 7:30</p> <p>Candle lighting 7:18</p>	<p>Shmini</p>
19	20	21	22	23	24	25
		 <p>יום השואה HOLOCAUST REMEMBRANCE DAY IN MEMORY OF 6 MILLION JEWS</p> <p>Bd of Trustees 6:30 PM</p>			<p>ZOOM YOM HASHOAH SHABBAT SERVICE 7:30</p> <p>Candle lighting 7:25</p>	<p>Tazria-Metzora</p>
26	27	28	29	30		
		 <p>Today is Yom Hazikaron, Israel's Memorial Day</p>	 <p>HA'ATZMAUT (Israel Independence Day)</p>			

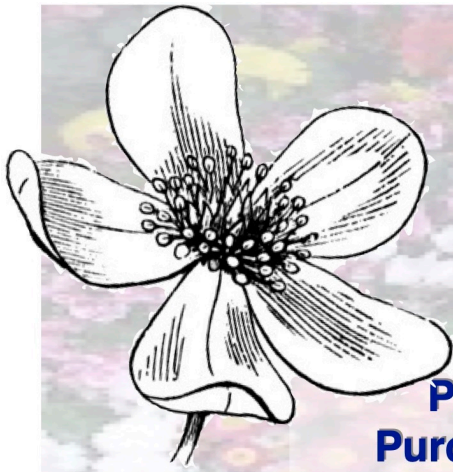
Summer hours begin



Sponsor An **ONEG SHABBAT** 

Call Susan Kantor to volunteer 798-0578

APRIL ONEG:
ONEGS HAVE BEEN SUSPENDED UNTIL FURTHER NOTICE.



“Hello Spring” Plant Sale

Tuesday, May 19, 2020
Pick up your plants from 3-7 PM

Please support your Temple Shalom Garden.
Purchase plants — Make a donation — Volunteer!

We are counting on your help to make this year’s garden the best yet.

Checks and orders due by Wednesday, May 6, 2020

“Hello Spring” Plant Fundraiser

In cooperation with Monticello Greenhouse, the Beautification Committee is offering a choice of two (2) planters. It’s the perfect gift for someone special or treat yourself.

Order one or more of each.

Hanging Basket, \$19 each. Overflowing with vibrantly colored **New Guinea Impatiens***, **Gorgeous!** 10” Diameter

Oval Planter, \$16 each. Terra-cotta color, filled with a lovely geranium, spike and and an array of flowering annuals.* 12”L x 4”H.

**Depending on what is blooming at the time, it may be necessary to substitute plants of equal value. Colors are subject to availability.*

Orders need to be prepaid and received in the Temple Shalom office by Wednesday, May 6.

Pick up your orders at Temple Shalom Tuesday, May 19 from 3-7 PM

To make sure you receive the plants you ordered, and so we know where to contact you if necessary, please complete this form when placing your order.

Name _____

Address _____

Phone _____

Email _____

Here’s my plant order:

_____ Hanging Basket(s)	\$19 each	\$ _____
	or 2 for \$36	
_____ Oval Planter(s)	\$16 each	\$ _____
	or 2 for \$30	

Total for plants \$ _____

Volunteer Time

I would like to volunteer to help with this year’s Beautification Project.

Check here to sign up.

Make a Contribution

I would like to make a contribution to the Temple Shalom Beautification Fund of

\$ _____



In loving memory of your beloved husband, father, and grandfather, David Harris.

Certificates to: Mary Jane Harris and Family

Donor: Temple President Neal Jacobs & Jane

Donor: Martin & Marcia Braunstein

Golden Book

The Harris Family thanks you for the get well wishes for David.

From: Maureen & Bob Velten, Rick & Marilyn Stein, Marcia Salton, Stephe Millett

To Mary Jane Harris and Family, condolences on the loss of your beloved husband, father, and grandfather, David Harris.

From: Maureen & Bob Velten, Shain & Larry Fishman

To Shain Fishman, Mazel Tov on being honored by the Barryville Chamber of Commerce.

From: Marcia Salton

To Itzhak & Bonnie Chernick- Epstein, condolences on the loss of your beloved, Adina Epstein.

From: Maureen & Bob Velten, Sue & Ken Kantor

Mitzvah Cards

The Harris Family thanks you for the get well wishes for David.

From: Pam Travis, Dorothy Cohen, Sue & Don Horowitz, Paula & Phil Schroeder, Sue & Ken Kantor, Rabbi Medwin & Steve, Board of Trustees, Temple President Neal Jacobs & Jane, Carolyn & Larry Richman

To Mary Jane Harris and Family, condolences on the loss of your beloved husband, father, and grandfather, David Harris.

From: Phil & Paula Schroeder, Stephe Millett, Sue & Ken Kantor, Sue & Don Horowitz, Rabbi Medwin & Steve, Temple Sholom Board of Trustees

To Don Horowitz, a speedy, complete, and easy recovery.

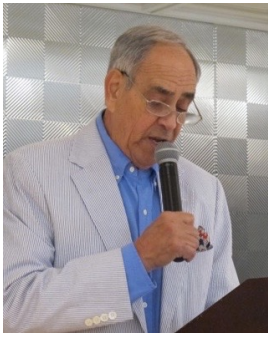
From: Sue & Ken Kantor

To Shain Fishman, Mazel Tov on being honored by the Barryville Chamber of Commerce.

From: Rabbi Medwin & Steve, Temple President Neal Jacobs & Jane, Temple Sholom Board of Trustees

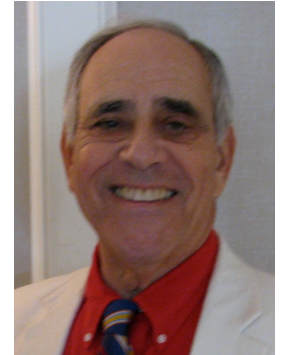
To Nick & Gabrielle Taylor, Happy to welcome my great-grandson, Alexander William Taylor.

From: Great-Grandma Marcia



David Harris Memorial Fund

We are all saddened by the loss of David Harris, z"l. David was devoted to Temple Sholom as president, past president, and board member. He supported the temple financially, spiritually, relentlessly, and was always a forceful and creative advocate. His smiling face and upbeat, appreciative, passionate and optimistic approach at temple inspired us all. He will truly be missed.



Lauren Miller and Paula Schroeder are working on a memorial in David's memory. If you would like to contribute please send a check to **Temple Sholom** and write "**David Harris Memorial Fund**" in the memo. It will be very much appreciated by the Harris family.

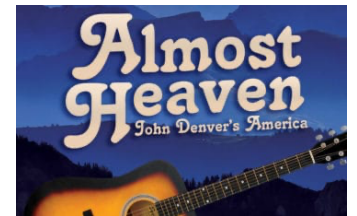
Send your donation to Temple Sholom, David Harris Memorial Fund, P.O. Box 664, Monticello, NY 12701

DAVID HARRIS MEMORIAL THEATER NIGHT at Shadowland Stages in Ellenville Thursday, August 20, at 8 PM

ALMOST HEAVEN - JOHN DENVER'S AMERICA

Conceived by Harold Thau with orchestrations, vocal arrangements and music supervision by Jeff Waxman

ALMOST HEAVEN is a musical tribute and intimate celebration of John Denver's life and career. From growing up in a military family to his emergence on the 1960s folk scene and the climb to '70s superstardom with his later career of the 1980s and 1990s, John Denver's story is brought to life through his countless hit songs, chronicling his impact as a storyteller and activist.



Weaving together 29 of John Denver's best songs - including "Rocky Mountain High," "Sunshine on My Shoulders," "Annie's Song," "Leaving on a Jet Plane," "Calypso" and more - this musical revue creates a uniquely theatrical narrative celebrating a true American troubadour.

"A winning musical revue! The show pays excellent tribute to an artist who remains great at making people feel good."— Variety

"[It's like] flying along with John Denver through some mountain air!"

—The New York

As always, tickets are limited. Each year we sell out and have a waiting list.

Tickets: \$36 per person.

For reservations call: Paula Schroeder (845-794-2314);

Bonnie Mitzner (845-807-7247), Lauren Miller (914-799-1424), Sue Kantor (845-798-0578).

Please make checks payable to Temple Sholom and send or bring to these people.

Camelotians: You may give your checks to Paula Schroeder or Bonnie Mitzner.



l to r, top row: Judy Cutler, Paula Schroeder, Sue Horowitz, Ellen Nesin
l to r, bottom row: Mindy Barcham, Bonnie Mitzner Kirsch, Lauren Miller

A wonderful afternoon was had when several of the **Ladies of Temple Sholom South** met for lunch.

Committees

- Adopt-N-Exit:** Lauren Miller, Rick Stein, Ellen Nesin, Stephanie Phillips, Howard Perlman
- Beautification:** Carolyn Richman, Nancy Isseks, Beth Leidner
- Building:** Neal Jacobs, Howard Perlman, Don Horowitz, Stephanie Millett
- Fundraising:** Paula Schroeder
- Good & Welfare:** Anne Palley
- Harbinger:** Shain Fishman
- Kitchen:** Susan Kantor
- Membership:** Sue Kantor, Marcia Salton, Judy Cutler
- Office Volunteer:** Anne Palley
- Oneg Reservations:** Sue Kantor
- Publicity:** Stephanie Phillips
- Religious School:** Lauren Miller
- Ritual:** Rabbi Medwin, Jane Jacobs, Sue Horowitz, Don Horowitz, Lauren Miller, Ellen Nesin, Marcia Salton
- Special Consideration:** Neal Jacobs
- Webmaster:** Mary Jane Harris
- Yahrzeit:** Susan Horowitz

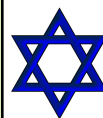
COMMITTEE MEMBERS CAN BE REACHED BY CALLING THE TEMPLE 845-794-8731

Thank you:
To MARTY & LAUREN MILLER
for the donation of folding tables.

THANK YOU for your **GIFT of SERVICE**

to Temple Sholom

- ✧ **Steve Plotkin** for the kiddush and holiday wines
- ✧ **Sue Kantor** for the oneg setup and cleanup
- ✧ **Mary Jane Harris** for building and maintaining the website
- ✧ **Stephanie Phillips** for maintaining the facebook page
- ✧ **Rick Stein, Ellen Nesin, Stephanie Phillips, Howard Perlman** for maintaining our adopted exit
- ✧ **Sue Horowitz** for sending out the Yahrzeit reminder letters
- ✧ **Anne Palley** for sending out the birthday cards
- ✧ **Shain Fishman** for creating the monthly Harbinger
- ✧ Harbinger proofreaders: **David Harris, Mary Jane Harris, Rabbi Medwin, Lauren Miller, Stephanie Phillips, Paula Schroeder**
- ✧ **Anne Palley** for monthly labeling and folding the Harbinger, and for helping in the office when needed.
- ✧ **President Neal Jacobs** and **Board Member Howard Perlman** (*our handyman*) who are at the temple every Wednesday doing all the small (and not so small) jobs required to maintain our 65-year-old building.



There are many ways to support Temple Sholom

- ✧ *Sponsor an oneg at Friday night services*
- ✧ *Tree of Life highlights a milestone event (\$54)*
- ✧ *Plant a Tree in Israel in honor of a family celebration/commemoration (\$18)*
- ✧ *Think of the temple once a month and become a member of the Chai Club (\$18 or less)*
- ✧ *Send a Golden Book message (\$5)*
- ✧ *Volunteer your time at temple events (\$0)*

Happy April Anniversary

- 4 Ira & Karen Simon
- 11 Adam & Hallie Ramirez
- 17 Mel & Joyce Gitlin

FOR YOUR SPECIAL OCCASION:

Sponsor An **ONEG SHABBAT** ענג שבת

Call Susan Kantor
to volunteer 798-0578

Happy April Birthday

- 1 Sylvia Schwartz
- 2 Helene Perlman
- 6 Ira Simon
- 6 Gail Shepherd
- 9 Robbie Schecter
- 11 Howard Perlman
- 12 Mary Jane Harris
- 13 Jane Bloom
- 14 Ann Hazelnis
- 15 Shain Fishman
- 16 Stanley Schecter
- 16 Marilyn Stein
- 16 Gary Werner
- 17 Paul Manz
- 19 Jeffrey Kaplow
- 21 Dr. Sheldon Leidner
- 28 Martin Braunstein

An Easy Mitzvah



When you buy your groceries at the Monticello or Liberty or **ANY Shop Rite**, pay for your purchases with a **Shop Rite** GIFT CARD bought from the TEMPLE SHOLOM OFFICE, and 5% is donated back to Temple Sholom.

SENIORS: On TUESDAYS you still get your DISCOUNT!

It's so easy to support Temple Sholom and it costs you nothing. **BUY YOUR Shop Rite GIFT CARD NOW!**

And keep it with your cash or credit cards so you can use it every time you go grocery shopping.

Judaica Gift Shop

Yarmulkas valued to \$25 — ONLY \$5
Mezuzahs -- \$5 and up; Challah covers -- \$5
Rada cutlery, paring knives, knife sharpeners, steak knives, cookbooks All \$7-10
MANY assorted gift items for Shabbat and holidays



Is your oneg sponsorship for a special commemoration or occasion?

Let Stephanie Phillips know and she will post your celebratory words on our

FACEBOOK PAGE.

Compose your dedication (*with or without an accompanying picture*) and email it the week before the oneg to: phillipssteph@gmail.com.

2020 Mitzvah Members

As is happening with most religious and service organizations across the country, Temple Sholom is experiencing a growing gap between income and expenses. To help toward closing the budget gap, Temple Sholom members are being asked to contribute, according to their ability, an additional amount above regular membership dues. Can you step forward to support the continued existence of Reform Judaism in Sullivan County?

..The three levels of of Mitzvah Membership are:.

✦ Platinum Level - additional \$500 above dues

🎀 Gold Level - additional \$250 above dues

♥ Silver Level - additional \$125 above dues.

✦ Platinum (500)

Martin & Lauren Miller (3/19)
Phil & Paula Schroeder (4/19)
Anonymous (4/19)
Jan Hirsch (8/19)
David & Sheila Epstein (9/19)
David & Mary Jane Harris (10/19)
Maureen & Bob Velten (12/19)

🎀 Gold (250)

Bonnie & Jeffrey Kirsch (8/19)
Anne Palley (8/19)
Sue & Don Horowitz (9/19)
Judith Cutler (10/19)
Jerry & Lorraine Bogursky (10/19)

♥ Silver (125)

Sue & Ken Kantor (4/19)
Carole & Hal Abrams (9/19)
Anonymous (10/19)
Helene & Howard Perlman (10/19)
Gary Beckerman (10/19)

Mitzvah Membership listing in *The Harbinger* will appear the month following receipt of your donation and will continue to be listed for the following 12 months.

Consider making a tax deductible Mitzvah Membership donation any time during the year, as long as your membership dues are up to date.

If you are able, please **PAY YOUR FINANCIAL OBLIGATION** and **BECOME A MITZVAH MEMBER**.

Specify: "Mitzvah Membership"

Mitzvah Membership donations are tax deductible.

Friends of Temple Sholom — Exceptional Gifts from Non-members

Diamond Donors

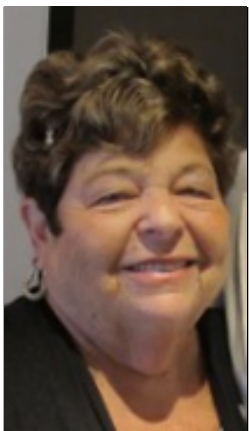
Debra Novitch & Dr. Wayne Schweitzer (6/19)
Natalie & Danny Kirschenbaum (7/19)
Linda Kleinman (8/19)
Primetimers of Temple Sholom (8/19)
Donald & Naomi Godfrey (8/19)
Jonathan Farrow & Family (11/19)
Allan Gottlieb & Family (11/19)
Arlene & Fred Zilker (2/20)

Gold Donors

Barbara Sklar (9/19)
Judy & Don Desatnick (10/19)
Charles A. Kerner (10/19)
David & Susan Hershkowitz (10/19)

PRIMETIMERS

1st meeting: Monday, May 18, 2020



Paula
(561-496-3556)

When we put the clocks ahead for daylight savings I think of Temple Shalom and my beloved Primetimers.

We have a great season planned for you.

*May 18, guest speaker Constance Keller will speak about Literacy and the Crawford Library.

*June 8, guest speaker former DA Stephen Lungen

*July 13, Nesin Cultural Arts Performance

*August 10, guest speaker Gordon McAdam will speak about the history of the one-room-schoolhouse in Sullivan County

*September 14, Appreciation Luncheon, guest speaker John Conway

*October 5, Last meeting of the season

We are accepting reservations for our trips. The two NYC trips are on June 24 and August 12. They are still \$30 for members and \$35 for non members.

There is availability on our trip to Vermont. It is August 24-28 and is all inclusive with admissions, breakfasts and dinners. We will visit the Bennington Potters, the world famous Shelbourne Museum, a dinner cruise on Lake Champlain with entertainment, the Rock of Ages granite quarry, cold hollow cider mill, Ben and Jerry's, and much more.



We are accepting refundable \$75/pp deposits. The trip brochures are available by calling me.

Temple Events:

*Annual card party on Monday, July 27

*David Harris Memorial Theater Night

(formerly known as *Shadowland Stages Theater Night*) on Thursday, August 20. The show is a musical tribute to John Denver. Tickets \$36/pp.

Looking forward to seeing you at our meetings and events.

For more information you can call Paula (561-496-3556) or Sue (561-733-4020).

Shalom,

Paula

April Birthdays


2	Helene Perlman
2	Suzan Sankel
2	Al Zaretsky
3	Richard PENCHANSKY
3	Marsha Pollak
3	Larry Ravdin
4	Roz Stozki
7	Harriet Fox
8	Warren Streisand
11	Howard Perlman
12	Mary Jane Harris
14	Robin Greenberg
15	Etel Schwartz
16	Marilyn Stein
20	Bess Davis
25	Peggy Sturtz
25	Arthur Weisfeld
26	Judy Desatnick
27	Bonnie Hoffman
30	Susan Rubin



Sue (561-733-4020)

MAY 2020 - IYYAR / SIVAN 5780

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 ISRAEL INDEPENDENCE DAY Shabbat Services 7:30 (POSSIBLE ZOOM) Candle lighting 7:33	2 Acharei Mot/ Kedoshim
3	4	5 Sholom U classes	6	7	8 Shabbat Services 7:30 Candle lighting 7:40	9 Emor
10 	11	12 Sholom U classes	13	14	15 Shabbat Services 7:30 Candle lighting 7:47	16 Behar/ Bechukotai
17	18 1st PRIMETIMER MEETING 1:00 PM	19 Sholom U classes p/u plants 3-7	20	21	22 Shabbat Services 7:30 Candle lighting 7:53	23 Bamidbar
24	25 	26 Sholom U classes ANNUAL CONGREGATIONAL MEETING	27	28	29 SHAVUOT Shabbat Services 7:30 Candle lighting 7:59	30 Shavuot
31						



PARSHA OF THE WEEK:
 Acharei Mot/Kedoshim Leviticus 16:1-20:27
 Emor Leviticus 21:1-24:23
 Behar/Bechukotai Leviticus 25:1-27:34
 Bamidbar Numbers 1:1-4:20
 Shavu'ot Deuteronomy 14:22-16:17

2 May 8 Iyyar
 9 May 15 Iyyar
 16 May 22 Iyyar
 23 May 29 Iyyar
 30 May 7 Sivan.

MAY ONEGS:
ONEGS HAVE BEEN SUSPENDED UNTIL FURTHER NOTICE.

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 Call Susan Kantor
 to volunteer
 798-0578

IN MEMORY - YAHRZEIT WILL BE READ ON:

April 3: Sam Woda, Morris Striefer, Dr. Russell Pantel, Dr. Frederick M. Shulman, Maria Stein, Sarah Margolis, Mary Victoria Barnes, Diana Laub

April 10: Dr. Gustav Gavis, Ann Fuss, Abraham "Al" Kantor, Mavis E. Mednick, Sidney Mordin, Howard Hayden, Robert David Mastropiero, Wayne Detwiler, Ellen Rabelskie, Abraham Edelman, Rose Ray, Judah Altman, Helen Kassman, Pauline Borkin, Mildred Nedwin, Louis Schwartz, Ada Kotin

April 17: Kerry Butler, Freddie Linnetz, Murray Edward Kahn, Jerome Stanley Gross, Edwin M. Block, Beatrice K. Brachman, Samuel Garfield, Florence Kinsbruner, Morris J. Cohen, Bernard Abramowitz

April 24: Eva Birns Rosen, Naomi Berkowitz, Mark Kravitz, Jacob Felsher, Millie Halpern, Joseph Jesse Abel, Barry Woda, Gertrude R. Pearlman, Freddie Ellers



Donations to the YAHRZEIT FUND
In Loving Memory of the Following:

Isadore Rosman by Mel & Cynthia Hazelnis

Anne Hazelnis by Mel & Cynthia Hazelnis

Helen Wohl Blinder by Sam & Honora Wohl

Raye Linnetz Furst by Sue & Don Horowitz

Fred Linnetz by Sue & Don Horowitz

Jean Miller by Marcia Salton

Herman Lewinter by Mimi & Gary Werner

Milton Werner by Gary & Mimi Werner

Dr. Frederick Shulman by Ruby Shulman

Muriel M. Gitlin by Cindy Gitlin

Jesse Wolfson by Ellen Nesin & Family

Louis Schwartz by Dr. Daniel Schwartz

Sidney Epstein by David & Sheila Epstein



REMEMBER TEMPLE SHOLOM IN YOUR WILL

Bequests of all sizes are an important source of financial support for Temple Sholom, providing funds for temple programs, subsidizing membership, religious school scholarships, major maintenance of the building, and much more.

There are many ways you can make such a contribution to the temple in your will. You can specify a specific amount, a percentage of your estate, a special fund, or the general fund. Together, you and your advisors should decide what best suits your individual circumstances.

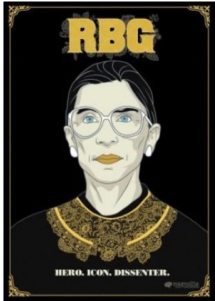
Thank you from our members, students, and the community who will benefit from your thoughtfulness in the future. We recommend you always consult your legal and/or financial advisor when providing for such a gift.



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Catskill Mountain Chapter of Hadassah



May 6: ~~Movie night 7 PM at Temple Sholom, showing **RBG**, the documentary featuring Ruth Bader Ginsburg. At the age of 85, U.S. Supreme Court Justice Ruth Bader Ginsburg had developed a lengthy legal legacy becoming an unexpected pop culture icon. This film explores the unique and personal journey of her rise to the nation's highest court. (Suggested donation \$5)~~
POSTPONED
DATE TO BE ANNOUNCED

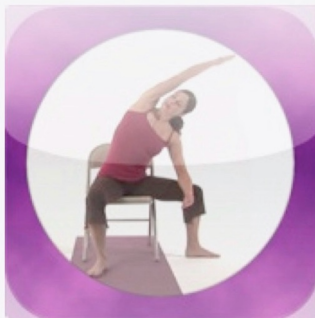
June 4: 7 PM at Temple Sholom, Bonnie Lewis from Cornell Cooperative Extension will offer a presentation about Tai Chi followed by a group Tai Chi session with her.



Aside from her many credentials, Bonnie is board certified as a SUNY Geriatric Scholar, NYS DOH Tai Chi instructor for fall prevention. (Suggested donation \$5)

CHAIR YOGA:

A gentle form of physical activity that is practiced sitting in a chair, or standing using a chair for support. Regardless of your age, level of activity and physical challenge, you will derive wonderful health benefits from practicing yoga in this safe form as you incorporate exercise into your life.



Tuesday, July 21, 3:30 PM

Donation to Hadassah: \$18

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Shain Fishman, RYT
917-301-2002
highlandyoga111@gmail.com

AUGUST 17, 2020 12:30 PM

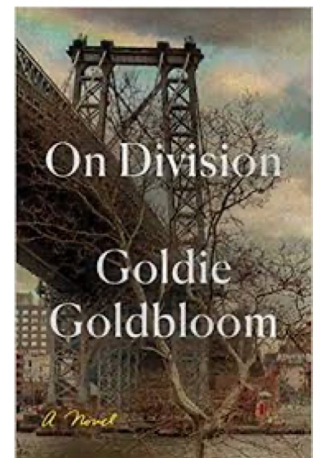
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For more information
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917-301-2002
shain1111@yahoo.com

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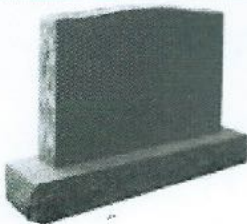
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Thursday mornings Temple Shalom

Weigh-in 7:30-8:00 AM

Meeting 8:00-9:00 AM

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**FROM SUE KANTOR –
ONEG CHAIRPERSON**

When you sponsor the Snack & Schmooze, you are welcome to provide your own food — or — you can purchase the menu provided by the temple.

WINTER MENU:

Hor d'oeuvres, cheese, fruit, cake, coffee.
\$40

**SUSPENDED
UNTIL FURTHER NOTICE**



*** Adult Education ***

You can participate in Rabbi Medwin's classes remotely. If you have never used ZOOM before, you will need to download the software and follow the instructions. ZOOM is usually up and running 15 minutes before the start time.

You can use this link to join from PC, Mac, Linux, iOS or Android:

<https://zoom.us/j/3143570584>

Or telephone: For higher quality, dial a number based on your current location:

US: +1 646 876 9923 or +1 669 900 6833

Topic: Rabbi Michele Medwin's Personal Meeting Room; Meeting ID: 314 357 0584

*** Services via ZOOM ***

Use the link above for participating in **Shabbat and all services** via Zoom. If you have trouble connecting call or text Rabbi Medwin (**607-765-2895**).

RABBI MEDWIN'S SCHEDULE

TUESDAY: Rabbi is generally at the temple teaching class from 10:00 AM to 3:00 PM, arriving at 11:30 am and leaving at 3:00 PM in the summer and 6:00 PM when school.

FRIDAYS: Rabbi usually arrives at temple 1/2 hours before services.

OTHER DAYS: Rabbi Medwin works from home at least one day a week and Friday mornings preparing for classes, services, and working on other temple business.

Please note: Contact the rabbi directly if you would like to talk or set a time to meet.

- Call on her cell phone any day: **607-765-2895**. If you get voicemail, please leave a message and she will get back to you as soon as possible.
- Send e-mail: rabbimedwin@me.com

Rabbi Medwin is happy to arrange a specific time to meet with you earlier or later than the above mentioned hours.

**CONTACT RABBI MEDWIN
VIA PHONE, TEXT, EMAIL**



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TEMPLE SHOLOM MONTICELLO

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